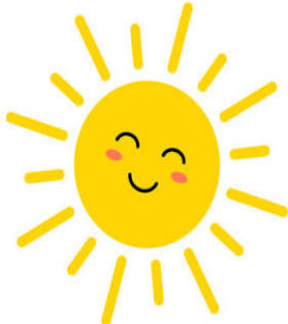


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreationist Legend Colleen (CM) Sheilla (SG) Zoe (ZP) Andrea (AC) Kaylee (KD)	Recreationists Colleen ext. 2238 cmarsh@elliottcommunity.org Sheilla ext. 2496 sgaan@elliottcommunity.org Zoe zposterski@elliottcommunity.org Recreation & Volunteer Coordiantor Andrea ext. 2232 acollett@elliottcommunity.org Program & Support Services Manager Michelle Holland ext. 2366 mholland@elliottcommunity.org	Program Location Legend Ellington Basement - EB Main Lobby - M Library - L Tea Room - TR Community Centre - CC Chapel - C Cheers Patio - CP Cafe - CF	General Store Hours Please see the Daily Activity Sheets for updated General Store Hours. 			9:00-3:00 Exercise Room Open! 9:15am Coffee Time (CM) - M 1:45pm Motorcycle Drive-By - CP 2:45pm Afternoon Tea - TR 
2 9:00-3:00 Exercise Room Open! 9:30am Bocce Ball (ZP) -BCY 10:30am Hymn Sing (CM) - EB 1:30pm Seated Exercise (CM) - ER 2:45pm Afternoon Tea - TR 	3 9:00-3:00 Exercise Room Open! 10:15am Wordle Challenge (KD) - EB 1:30pm Floor Curling (CM) - EB 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:15pm RC Communion - EB 3:45pm Name 6 (CM) - L 6:30pm Happy Hour & Snack Social - CP	4 9:00-3:00 Exercise Room Open! 11:00am Let's Make Strawberry Parfaits (KD) - L 1:30pm Seated Exercise (ZP) - ER 2:45pm Afternoon Tea - TR 2:45pm Walking Club (ZP) - Meet in the Main Lobby 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M	5 BLUE JAYS DAY! 9:00-3:00 Exercise Room Open! 9:15am Word Games(SG) - EB 10:30am Guided Meditation (SG) - ER 10:30am Walks & Strolls (KD) - BCY 12:00pm Lunch Club 2:00pm Blue Jays Watch Party-CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:15pm Sit & Knit (CM) - L 4:30pm Walks & Strolls (ZP) - BCY 6:30pm Games Night Cafe (ZP) - M	6 9:00-3:00 Exercise Room Open! 9:30am Flower Arranging (CM) - L 10:00am Rosary Group - EB 10:45am Bowling 1858 Caesar Bar Lunch Outing (Sign up only) 2:45pm Moving & Music Exercise (CM) - ER 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF	7 9:00-3:00 Exercise Room Open! 10:30am Creative Arts (CM) - L 2:00pm Doris Marsh 100th Birthday Party - M 3:00-4:00 Summer Sips - CF 3:00pm Ukulele Group - EB 	8 9:00-3:00 Exercise Room Open! 10:40am Scrapbook Club(SG)-L 1:40pm Seated Dancing(SG)-ER 2:45pm Afternoon Tea - TR 3:30pm Outdoor Walks (KD) - BCY 
9 9:00-3:00 Exercise Room Open! 10:30am Hymn Sing(SG)-EB 1:30pm Scattergories(S)-L 2:45pm Afternoon Tea - TR 	10 9:00-3:00 Exercise Room Open! 9:15am Creative Corner (ZP) - L 10:00am Food Committee Meeting-M 10:30am Word Connect (KD) - EB 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:15pm RC Communion - EB 6:30pm Happy Hour & Snack Social - CP	11 9:00-3:00 Exercise Room Open! 9:30am Exercise Room Assistance - ER 1:30pm Seated Exercise (ZP) -ER 2:45pm Afternoon Tea - TR 2:45pm Walking Club (ZP) - Meet in the Main Lobby 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M 6:15pm Guelph Royals Baseball Game Outing (Sign up only)	12 WATER DAY! 9:00-3:00 Exercise Room Open! 9:15am Word Game Wednesday (CM) - EB 10:30am Guided Meditation (CM) - ER 2:00pm Water Splash Bash - BCY 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:15pm Sit & Knit (ZP) - L 4:30pm Walks & Strolls (ZP) - BCY 6:30pm Games Night Cafe (ZP) - M	13 9:00-3:00 Exercise Room Open! 9:30am Name 6 (CM) - EB 10:00am Rosary Group - EB 10:45am Flower Arranging (C) - L 1:15pm Outdoor Walks (KD) - BCY 2:00pm Birthday Party w/ Paul Horton - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF	14 9:00-3:00 Exercise Room Open! 9:30am Today in History(SG)-RR 10:00am Bell Choir with Mairead - EB 1:30pm VON Exercise(SG)-ER 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:00pm Ukulele Group - EB	15 9:00-3:00 Exercise Room Open! 9:15am Coffee Time (CM) - M 1:30pm Creative Arts (CM) - L 2:45pm Afternoon Tea - TR 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:00-3:00 Exercise Room Open! 9:30am Bocce Ball (ZP) -BCY 10:30am Hymn Sing (CM) - EB 1:30pm Seated Exercise (CM) - ER 2:45pm Afternoon Tea - TR 	17 DISCOVERY DAY 9:00-3:00 Exercise Room Open! 10:15am Guess&Win(SG)-M 11am-12pm Bookmobile 1:30pm Floor Curling (CM) - EB 2:45pm Afternoon Tea - TR 2:45pm Travelogue: Yukon Territory Gold Rush - M 3:00-4:00 Summer Sips - CF 3:15pm RC Communion - EB 6:30pm Happy Hour & Snack Social - CP 6:30pm 4H Square Dance Performance - CC	18 9:00-3:00 Exercise Room Open! 1:30pm Chocolat Favoris Ice Cream Outing(sign up only) 1:30pm Seated Exercise (ZP) -ER 2:00pm Resident Town Hall Meeting-EB 2:45pm Afternoon Tea - TR 2:45pm Walking Club (ZP) - Meet in the Main Lobby 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 3:00pm Sunshine Dog Visits - M	19 9:00-3:00 Exercise Room Open! 9:15am Word Games(SG)-EB 10:00am Roman Catholic Mass - C 10:30am Guided Meditation (SG) - ER 2:00pm Happy Hour- Doug McKenzie - CC 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 3:15pm Sit & Knit (ZP) - L 4:30pm Walks & Strolls (ZP) - BCY 6:30pm Games Night Cafe (ZP) - M	20 9:00-3:00 Exercise Room Open! 9:00am Canadian Warplane Heritage Museum Outing (Sign up only) 10:00am Rosary Group - EB 10:45am Flower Arranging (AC) - L 1:30pm Moving & Music Exercise (AC) - ER 2:45pm Afternoon Entertainment:Martin Wall-M 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Scoops in the Cafe \$4 - CF 6:30pm Happy Hour & Bingo -CF	21 9:00-3:00 Exercise Room Open! 10:30am Creative Arts (AC) - L 2:30pm Seated Exercise (AC) - ER 2:45pm Afternoon Tea - TR 3:00-4:00 Summer Sips - CF 	22 9:00-3:00 Exercise Room Open! 10:40am Scrapbook Club(SG)-L 2:00pm Technology Talk: Staying Safe and Connected with Rob - CC 2:45pm Afternoon Tea - TR 
23 9:00-3:00 Exercise Room Open! 10:30am Hymn Sing(SG)-EB 2:45pm Afternoon Tea - TR 	24 9:00-3:00 Exercise Room Open! 9:15am Creative Corner (ZP) - L 1:30pm Floor Curling (AC) - EB 2:45pm Let's Bake (ZP) - EB 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 3:45pm Name 6 (AC) - L 6:30pm Happy Hour & Snack Social - CP	25 9:00-3:00 Exercise Room Open! 9:00am African Lion Safari Outing(sign up only) 9:30am Exercise Room Assistance - ER 10:30am Scattergories (AC) - EB 1:30pm Book Club (CM & ZP) - EB 2:45pm Afternoon Tea - TR 2:45pm Walking Club (ZP) - Meet in the Main Lobby 3:00pm Sunshine Dog Visits - M	26 9:00-3:00 Exercise Room Open! 10:00am St George's Service - C 2:00pm Accordion with Gary - C 2:45pm Afternoon Tea - TR 3:15pm Sit & Knit (ZP) - L 5:00pm Grand River Raceway Outing (Sign up only) - CC 	27 9:00-3:00 Exercise Room Open! 10:00am Rosary Group - EB 10:45am Flower Arranging (AC) - L 11:00am-2:00pm Reid's Chocolate Sales - Outside CC 2:00pm Summer Music Concert - CC 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo -CF	28 9:00-3:00 Exercise Room Open! 10:00am Bell Choir with Mairead - EB 1:30pm VON Exercises(SG)-ER 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB 	29 9:00-3:00 Exercise Room Open! 2:45pm Afternoon Tea - TR 
30 9:00-3:00 Exercise Room Open! 10:30am Hymn Sing (AC) - EB 1:30pm Seated Exercise (AC) - ER 2:45pm Afternoon Tea - TR	31 9:00-3:00 Exercise Room Open! 9:45am Guess and Win(SG)-M 11am-12pm Bookmobile 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 3:45pm Name 6 (AC) - L 6:30pm Happy Hour & Snack Social - CP		Recreationist Legend Colleen (CM) Sheilla (SG) Zoe (ZP) Andrea (AC) Kaylee (KD)	Program Location Legend Ellington Basement - EB Main Lobby - M Library - L Tea Room - TR Community Centre - CC Chapel - C Cheers Patio - CP Cafe - CF		